

Activity Tracking

WHY DO YOU HAVE TO TRACK ACTIVITIES ?

As your social wellness partner, our primary aim is to keep you active and involved. Regularly sharing your quilting experiences with us is vital for continued eligibility.

A common question we get is, "What activities count?" Here's a list of activities you're likely already doing that can be considered.

Quilting Activities: Every stitch, every patch, and every quilt block.

Lessons and Workshops: Attending sessions to improve skills and knowledge.

Events: Participating in or planning social events that build camaraderie.



Volunteering: Giving your time to help organize events, manage club operations, or support fellow members.

Social Interactions: Going out for lunch, sharing a drink, or simply spending time with club members.

And More: There are probably more activities you do daily around your passion for quilting. If you have questions on what else may be an activity, contact us at 833-906-1700.

Grouper

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