

Heartbeat Tabler Runner

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Don't hesitate to text me or email me.

Welcome to our Workshop - Nov 18 at 10 am. You can leave when you're ready.

You may choose to make anything you like, but it should be basically rectangular. Good options include table runners, placemats, doll quilts, the sides for bags, and baby quilts. If you wish to make something large or complex, don't plan to finish it during the workshop.



If possible, do your cutting prior to the workshop.

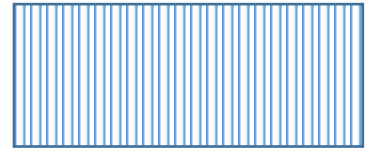
You'll need your sewing machine/cord etc. and a fabric scissor as well as threads and notions.

Fabric Estimates for a 14" wide x 40" long Table Runner

I like small, flat, uncomplicated runners, so I use flannel instead of batting, and I plan on a pillowcase turn instead of a binding.

Print fabrics (3 to 4 different coordinated prints)

- 14 strips 2 ½" wide x 7 ½ " long
- 14 strips 1 ½" wide x 7 ½ " long
- (OR you could use 28 2 ½ " strips if you're using a jelly roll.)



Background fabrics (1 solid, shown most often in white)

- 14 strips 2 ½" wide x 7 ½ " long
- 14 strips 1 ½" wide x 7 ½ " long
- (If you're a printed jelly roll, make sure your background is also cut to all 2 ½ " wide.)

Binding (if desired) : 3 strips 2 ½" wide x WOF for binding

Backing – ½ yard coordinated fabric (18" x44")

Batting or flannel – ½ yard x 44"

Re-sizing Instructions (width is always narrower than length).

- Strip length = Finished width divided by 2, plus ½ " (18 ½ " long strips = 36" wide). For every printed strip you need an equally sized background strip. Cutting strips from 10" layer cakes results in 19" wide quilt tops.
- Strips can be varied widths or all the same width. 1½" is about the narrowest. Using all 2½" strips makes it easy to use precuts. You can use varied widths up to 4½" strips on larger projects.

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- Number of strips needed. Remember that every strip uses $\frac{1}{2}$ " for seams. You can divide the finished runner length by the finished width of your smallest strip to get the maximum number of strips needed. (72" divided by 2" = 36 strips of print, and 36 strips of white.)